

Americans Abroad: Voting in the 2024 Presidential Election

As Americans living abroad, your vote is critical in this historic presidential election. Vice President Kamala Harris and Governor Tim Walz are committed to a New Way Forward that protects our fundamental freedoms, strengthens our democracy, and ensures every person has the opportunity to not just get by but to get ahead, and your voice can make a decisive impact, no matter where you are in the world. This toolkit will help you navigate the process of casting your ballot and how you can do your part as an American living abroad to protect our freedoms and strengthen democracy. With the race tighter than ever, we need all hands on deck to defeat Donald Trump and his Project 2025 agenda.

[Democrats Abroad \(DA\)](#) is the official state party for Americans abroad. Join Democrats Abroad and consider volunteering to help get out the vote among other Americans abroad.

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Why Your Vote Matters

No matter where you live across the globe, your vote in the 2024 presidential election will be decisive. In 2020 voters from abroad were essential in ensuring that Georgia and Arizona went for Biden-Harris, and ensured other down ballot victories. In 2024 your vote will again play a major role in shaping the direction of the United States. The results of this election impact Americans worldwide, with effects ranging from health care access and economic stability to retirement and tax policy, not to mention long term effects on our international policies, both political and economic. Voting for Democrats will help continue the progress that Kamala Harris and Tim Walz are fighting for. Every vote counts, especially yours!

How to Cast Your Ballot from Abroad

Casting your ballot while living abroad is straightforward. Follow these steps to ensure your vote is counted:

- **Step 1: Register to Vote & Request Your Ballot**

Start by requesting your overseas absentee ballot. Go to VoteFromAbroad.org ([VFA](https://VoteFromAbroad.org)) to fill out the Federal Post Card Application (FPCA). The FPCA will also register you to vote if needed and it provides you with specific protections under Federal law, including the ability to receive your ballot electronically if you wish. Be sure to select the option to receive your ballot by email for faster processing.

- **Step 2: Complete & Return Your Ballot**

Once your ballot arrives, complete it according to the instructions provided by your state, which will be shown on the VFA FPCA final page. Return your ballot as early as possible to account for any delays, especially if you're returning it by mail. Most states allow you to return your ballot by email, fax, or online upload, but check your state's guidelines for the quickest option.

If there's a chance your ballot might not arrive in time to meet your state's deadlines, submitting an FPCA also allows you to use the [Federal Write-In Absentee Ballot \(FWAB\)](#) as a backup ballot.

- **Step 3: Confirm Your Ballot Was Counted**

After submitting your ballot, check with your local election office to ensure that it was received and accepted. You can track the status of your ballot through the [links to your state's website on VFA](#).

- If you have any questions about voting from abroad or if you have any problems with your ballot being accepted, contact Vote From Abroad's Voter Support and Voter Protection Teams at Help@votefromabroad.org. We will work with you and your election officials to try to resolve the issue.

Take Action

Your participation goes beyond just casting your ballot. Here are some impactful ways to support the Harris-Walz campaign from abroad:

Online Engagement

Engaging your network online empowers you to advocate for Democrats in your community using the power of social media. By amplifying our message, you'll play a crucial role in reaching new audiences and ensuring the truth is heard loud and clear across the country.

Mobilize Fellow Americans Abroad

Engaging fellow Americans abroad who are eligible to vote is vital for our campaign. Reach out to friends and family living overseas, and share information about the importance of voting and the resources available to help them participate. Use social media to post updates, host informal gatherings to discuss the election, and distribute campaign materials to empower others to get involved. Together, we can ensure that every voice is heard in this crucial election!

DA also posts content on their social media channels that is specifically tailored to Democrats living outside the U.S., which you may find very relevant to yourself and other Americans abroad. You can find them at @DemsAbroad or @Democrats Abroad on your preferred social media platform. Share their content and boost our messaging.

Additional Resources

Here is a list of additional resources to help you navigate the voting process from abroad and support the Harris-Walz campaign.

[VoteFromAbroad.org \(VFA\)](#) – A non-partisan resource provided by Democrats Abroad specifically for Americans living abroad, providing information on how to register, request ballots, and vote from outside the U.S. The site provides detailed state-specific guidance and an online Voter Help Desk that responds to emails 24/7.

[DemocratsAbroad.org \(DA\)](#) - Democrats Abroad is the official Democratic Party arm for the millions of Americans living outside the United States. They strive to provide Americans abroad a Democratic voice in our government and elect Democratic candidates by mobilizing the overseas vote. Democrats Abroad has members in more than 190 countries around the globe and vote in every state and Congressional district in the U.S.

[Federal Voting Assistance Program \(FVAP\): FVAP.gov](#) – This is the federal government’s site for voting abroad, providing information on how to register to vote and request your absentee ballot. It offers state-specific guidelines to ensure your vote counts.

[KamalaHarris.com](#) – Visit the official Harris-Walz campaign website for the latest updates, event information, and ways to get involved.

[Democrats.org](https://democrats.org) – Stay informed about the Democratic Party’s initiatives, events, and news updates as we work together to support our candidates.

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